Join us in Alaska!

NPANA Fall Conference Anchorage, Alaska! September 9-10, 2017 Venue: The Lakefront Anchorage Millennial Hotel

Online Registration NOW OPEN!

Click HERE to register!

Take advantage of beautiful Alaska weather, at a discounted rate!

<table>
<thead>
<tr>
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<th>ASPAN MEMBER</th>
<th>NON-MEMBER</th>
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<tbody>
<tr>
<td>Full Conference</td>
<td>$170 / $150*</td>
<td>$220 / $200*</td>
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<tr>
<td>Saturday Only</td>
<td>$120 /$100*</td>
<td>$170 / $150*</td>
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<tr>
<td>Sunday Only</td>
<td>$70 / $65*</td>
<td>$80 / $75*</td>
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*Save $$ with Early Bird Registration! Register by August 10, 2017 for discount!

www.millenniumhotels.com/anchorage

NPANA HAS BLOCKED 10 ROOMS 9/6 - 9/10**
DELUXE RM = 1 KING BED OR 2 QUEEN BEDS
1-2 OCCUPANTS... $189/NIGHT
3 OCCUPANTS ...$209/NIGHT/ 4 OCCUPANTS...$229/NIGHT

**Attendees are responsible for calling the hotel directly to make
Congratulations and welcome to newly-elected board members!

Anita Thies: Vice-President/President-Elect (Montana)

Jaime Conant: Secretary (Alaska)

We have a unique privilege to have board representation from all of the states in our component!

These new board members will transition into their new roles while at the Fall Conference in September.

~NPANA AWARDS~

3 Different Awards Recognize Amazing NPANA Members!

Awards are presented annually at the NPANA Fall Conference!

* The Ruth Foster award is determined by the board of directors.

For the awards below, recipients are nominated by fellow NPANA members... nominate someone today!

* Star Award- This award recognizes outstanding contributions to 

NPANA and PeriAnesthesia nursing. Recipients must be in good standing as a member of NPANA. The award consists of reimbursement of one year dues to NPANA/ASPAN.

*Jean Sutton Award-* This award is designed to honor exemplary service that is "above and beyond" the usual required of an active NPANA member with continuous membership of five or more years. Recipients demonstrate meritorious service to the organization. The recipient will receive: An engraved plaque, reimbursement of one year dues in NPANA/ASPAN, and a $500 educational grant payable upon written request.

*If you would like to nominate someone, please send a note/email to npanapresident@gmail.com explaining why you feel they are deserving of the award. (No special form required)*

**Education Corner:**

*Barb Richardson, NPANA Education Coordinator*

**2017**

Sept. 9th: NPANA Fall Conference (Anchorage, AK)

Oct. 28th: Foundations of PeriAnesthesia Practice (Bozeman, MT)

Coming soon to the Seattle Area, a certification review course. More details to follow....

**2018**

March 24, 2018: Spring Fling (Spokane, WA)

April 29, 2018: ASPAN National Conference (Anaheim, CA)

NPANA has scholarships available!

NPANA scholarship application

Are you taking care of YOU?

*The Montana Nursing Association offers a "Healthy Nurse Webinar" series the first Wednesday of every month! Learn more: [https://www.cnebymna.com/](https://www.cnebymna.com/)*

ASPN recognizes that nurse fatigue can be potentially dangerous for our patients:
Are you familiar with Bridion (sugammadex)?
Submitted by Shannon Kline, RN, BSN, CPAN

Bridion (Sugammadex) is a neuromuscular blockade reversal initially approved by the FDA December 15, 2015. Sugammadex has a unique mechanism of action, encapsulating and binding Rocuronium and Vecuronium in the plasma. The decreased Rocuronium/Vecuronium in the plasma after this binding results in a concentration gradient with the neuromuscular junction, resulting in further neuromuscular blocking agent being pulled into the plasma, allowing it to be encapsulated and neutralized. The resulting complexes are excreted through the kidneys.

What you need to be aware of as the peri-anesthesia nurse:

- Potentially serious hypersensitivity reactions can occur (usually with a dose dependent severity) with symptoms including: nausea, itching, rash or anaphylaxis.
- Profound bradycardia may occur and might require treatment with an anticholinergic agent such as Atropine.
- High doses may interfere with clotting, especially in patients with coagulopathies or on blood thinners.
- Sugammadex is contraindicated in patients with severe renal failure since it is renally excreted.
- Hormonal contraceptives could become less effective due to a lowering of the concentration of hormone in the plasma. Educate your female patients of childbearing age to use a back-up, non-hormonal method of contraception (such as condoms or spermicides) for the next 7 days following their surgery.

For more information, see: [Merck Bridion overview](#)
Spring registration dates: January 8 - March 26
Spring testing dates: April 2 - May 29

http://cpancapa.org/certification/schedules-fees/

New 4th Edition available!
ISBN#9780323399456

Study app available  http://cpancapa.org/study-app

District Updates:
Alaska: A state-wide Alaska District is forming, contact Chris at: chrisandnancy2003@gmail.com

The following districts are recruiting members & leaders, please contact the following people for more information:

Greater Portland: Nan Wecker at npanavicepresident@gmail.com
Sea-Tac: Carmen at ocarmen4266@msn.com
Snohomish, WA: Megan at meganmed579@gmail.com.
Bozeman, MT: Brenda at bdonaldson@bozemanhealth.org
Boise, ID: Conra at hunterco@slhs.org

Contact an NPANA Board member if you are interested in local PeriAnesthesia Education!
Government Affairs:

For updates about the American Health Care Act, ANA has some resources:
American Nurses Association
Update on health care reform legislation
Health Care System Reform

NPANA Officers:
President: Maria Heinje, MSN, PEDS-BC, CPAN
Vice President/President Elect - Nan Wecker, BSN, RN CPAN
Past-President - Patrice Moffett RN, CPAN/CAPA
Treasurer - Kara Chrispens, RN
Secretary - Carmen Villegas, BSN, RN
Education Coordinator- Barb Richardson, BSN, RN-BC
Communication Coordinator- Lauri Ledbeter, MSN, RN-BC, CNE, CAPA
Off the Cuff © Co-Editor- Shannon Kline, BSN, RN, CPAN

Editor’s Note:
Off the Cuff © article and event submissions for publication are welcome! Submissions are due: Mar 15, June 15, and Oct 15.
Send info to: npanанewsletter@gmail.com

NPANA Northwest PeriAnesthesia Nurses' Association
The Northwest PeriAnesthesia Nurses' Association exists to promote quality care for patients and their families through professional education, research, and standards of practice for PeriAnesthesia nurses.
EMAIL US with Comments or Questions